

Dr. Beth-Sarah Wright

Author, Speaker and Founder, Thrive With Dignity

Increase Capacity. Make Progress. Change Outcomes!



Dr. Beth-Sarah Wright is an Atlanta-based author, dynamic speaker, and strategic thought partner who inspires and drives transformation in communities, institutions, and individual lives—all while centering human dignity.

As Co-Founder and Executive Director of **Thrive With Dignity, LLC**, Dr. Wright partners with organizations to build authentic, thriving communities. She works with a wide range of institutions—schools and universities, corporations, nonprofits, and faith communities—using her signature **DIGNITY Lens**©. This powerful framework, grounded in seven strategic pillars, helps organizations interrogate their practices, align with their core values, and embed human dignity into the very structures that shape daily life. More than a framework, the **DIGNITY Lens**© is both a leadership tool and an integrity compass—empowering communities to increase capacity, make meaningful progress, and change outcomes in sustainable ways.

Dr. Wright has delivered keynotes and consulted with a range of organizations including Veolia Group, the KPCEL Conference for Character and Equity for Flourishing Communities, Anglican schools in the Diocese of Queensland (Brisbane, Australia), the National Association of Episcopal Schools, and the Independent Schools Association of the Southwest, among many others.

She is the author of seven influential books, covering topics from organizational integrity and adaptive leadership to depression, healing, and spiritual growth. Her book **DIGNITY: Seven Strategies for Creating Authentic Community(2020)**, selected as the 2023 featured book of the year by the National Association of Episcopal Schools (NAES), along with its companion *The DIGNITY Lens Workbook*, offers a practical and transformative approach to leadership, strategic decision-making, and creative problem-solving. These resources have been used across sectors to conduct integrity audits and enhance alignment with mission and purpose.

Dr. Wright most recently served for 10 years as Director of Enrollment Management at Holy Innocents' Episcopal School in Atlanta, GA—the largest parish Episcopal school in the United States. A former professor at NYU and Spelman College, she currently serves as an Adjunct Assistant Professor in Psychiatry at Emory University School of Medicine. She holds a Ph.D. in Performance Studies from NYU, an MPhil in Anthropology from Cambridge University, and a BA in Sociology and Afro-American Studies from Princeton University.

Originally from Jamaica, Dr. Wright has lived, studied, and worked around the globe. She is married to the Rt. Rev. Robert C. Wright, Episcopal Bishop of Atlanta, and together they have five adult children.

